



The Children's Ark, Church Road,  
Pendeen,  
TR19 7SE  
Tel: (01736) 787167  
[office@childrens-ark.org.uk](mailto:office@childrens-ark.org.uk)  
Charity ref: 1147389  
Ofsted: EY457353

## Sudden Infant Death Policy

The Children's Ark intends to ensure every care is taken to promote the safety and well-being of sleeping babies whilst in our care.

### Method

We will do this by:

- Checking sleeping children every ten minutes throughout their entire sleep period.
- If a child becomes ill we will check them every five minutes. Children who have suffered a head injury (at home prior to nursery or at nursery) will be put to bed with their head raised.
- These checks are recorded and signed by staff and stored for two years.
- The cot, mattresses and bedding are in accordance with British Safety Regulations.
- Each child will have their own bedding which will be kept in a named cloth bag, hung in the sleep room, and washed at the end of the week or after excessive sweating or illness. The mattresses will be wiped down with antibacterial antiviral spray/clenil wipes each time they are changed.
- The room will be checked to ensure there is adequate ventilation.

- Babies are always laid on their backs with their feet at the bottom of the cot, unless otherwise stipulated in writing by parents.
- Children are monitored during sleep by a camera which is viewed on a laptop in the office or on a Tapestry ipad. Dignity of children will be upheld at all times.

This policy was adopted at a staff meeting of The Children's Ark:

Signed..... Print Name.....

Dated.....

And at The Children's Ark committee meeting:

Signed by chairperson..... Print Name.....

Dated.....

Date of review.....